



SCHEDULE - DAY 1

2020 Te Wananga o Aotearoa National Sprint Championships
Sun, 12 Jan 2020



| Race | Event | Round | No | Est. Start | Progressions |
|------|------------------------|------------|-------|------------|--------------|
| 001 | Taitama - W6 250 | Heat | 1 / 6 | 10:30 AM | |
| 002 | Taitamaahine - W12 250 | Heat | 1 / 3 | 10:40 AM | |
| 003 | Taitama - W6 250 | Heat | 2 / 6 | 10:53 AM | |
| 004 | Taitama - W6 250 | Heat | 3 / 6 | 11:03 AM | |
| 005 | Taitamaahine - W12 250 | Heat | 2 / 3 | 11:13 AM | |
| 006 | Taitama - W6 250 | Heat | 4 / 6 | 11:26 AM | |
| 007 | Taitamaahine - W12 250 | Heat | 3 / 3 | 11:36 AM | See Race 022 |
| 008 | Taitama - W6 250 | Heat | 5 / 6 | 11:49 AM | |
| 009 | Taitama - W6 250 | Heat | 6 / 6 | 11:59 AM | See Race 020 |
| 010 | Taitama - W12 250 | Heat | 1 / 5 | 12:09 PM | |
| 011 | Taitamaahine - W6 250 | Heat | 1 / 5 | 12:22 PM | |
| 012 | Taitama - W12 250 | Heat | 2 / 5 | 12:32 PM | |
| 013 | Taitamaahine - W6 250 | Heat | 2 / 5 | 12:45 PM | |
| 014 | Taitama - W12 250 | Heat | 3 / 5 | 12:55 PM | |
| 015 | Taitamaahine - W6 250 | Heat | 3 / 5 | 1:08 PM | |
| 016 | Taitama - W12 250 | Heat | 4 / 5 | 1:18 PM | |
| 017 | Taitamaahine - W6 250 | Heat | 4 / 5 | 1:31 PM | |
| 018 | Taitama - W12 250 | Heat | 5 / 5 | 1:41 PM | See Race 029 |
| 019 | Taitamaahine - W6 250 | Heat | 5 / 5 | 1:54 PM | See Race 028 |
| 020 | Taitama - W6 250 | Plate Semi | 1 / 2 | 2:04 PM | |
| 021 | Taitama - W6 250 | Plate Semi | 2 / 2 | 2:14 PM | See Race 023 |
| 022 | Taitamaahine - W12 250 | Champ Semi | 1 / 2 | 2:24 PM | |
| 023 | Taitama - W6 250 | Cup Semi | 1 / 2 | 2:37 PM | |
| 024 | Taitama - W6 250 | Cup Semi | 2 / 2 | 2:47 PM | See Race 026 |
| 025 | Taitamaahine - W12 250 | Champ Semi | 2 / 2 | 2:57 PM | See Race 065 |
| 026 | Taitama - W6 250 | Champ Semi | 1 / 2 | 3:10 PM | |
| 027 | Taitama - W6 250 | Champ Semi | 2 / 2 | 3:20 PM | See Race 043 |
| 028 | Taitamaahine - W6 250 | Cup Semi | 1 / 2 | 3:30 PM | |
| 029 | Taitama - W12 250 | Cup Semi | 1 / 2 | 3:40 PM | |
| 030 | Taitamaahine - W6 250 | Cup Semi | 2 / 2 | 3:53 PM | See Race 032 |
| 031 | Taitama - W12 250 | Cup Semi | 2 / 2 | 4:03 PM | See Race 033 |
| 032 | Taitamaahine - W6 250 | Champ Semi | 1 / 2 | 4:16 PM | |
| 033 | Taitama - W12 250 | Champ Semi | 1 / 2 | 4:26 PM | |
| 034 | Taitamaahine - W6 250 | Champ Semi | 2 / 2 | 4:39 PM | See Race 042 |



SCHEDULE - DAY 2

2020 Te Wananga o Aotearoa National Sprint Championships
Mon, 13 Jan 2020



| Race | Event | Round | No | Est. Start | Progressions |
|------|------------------------|-------------|-------|------------|--------------|
| 035 | Int Women - W12 500 | Heat | 1 / 4 | 8:00 AM | |
| 036 | J16 Men - W6 500 | Heat | 1 / 4 | 8:08 AM | |
| 037 | J16 Men - W6 500 | Heat | 2 / 4 | 8:14 AM | |
| 038 | Int Women - W12 500 | Heat | 2 / 4 | 8:20 AM | |
| 039 | J16 Men - W6 500 | Heat | 3 / 4 | 8:28 AM | |
| 040 | J16 Men - W6 500 | Heat | 4 / 4 | 8:34 AM | See Race 075 |
| 041 | Int Women - W12 500 | Heat | 3 / 4 | 8:40 AM | |
| 042 | Taitamaahine - W6 250 | Plate Final | | 8:48 AM | See Race 045 |
| 043 | Taitama - W6 250 | Plate Final | | 8:58 AM | See Race 046 |
| 044 | Int Women - W12 500 | Heat | 4 / 4 | 9:08 AM | See Race 086 |
| 045 | Taitamaahine - W6 250 | Cup Final | | 9:16 AM | See Race 048 |
| 046 | Taitama - W6 250 | Cup Final | | 9:26 AM | See Race 049 |
| 047 | Int Men - W12 500 | Heat | 1 / 3 | 9:36 AM | |
| 048 | Taitamaahine - W6 250 | Champ Final | | 9:44 AM | |
| 049 | Taitama - W6 250 | Champ Final | | 9:54 AM | |
| 050 | Int Men - W12 500 | Heat | 2 / 3 | 10:04 AM | |
| 051 | J16 Women - W6 500 | Heat | 1 / 5 | 10:12 AM | |
| 052 | J16 Women - W6 500 | Heat | 2 / 5 | 10:18 AM | |
| 053 | Int Men - W12 500 | Heat | 3 / 3 | 10:24 AM | See Race 112 |
| 054 | J16 Women - W6 500 | Heat | 3 / 5 | 10:32 AM | |
| 055 | J16 Women - W6 500 | Heat | 4 / 5 | 10:38 AM | |
| 056 | J16 Men - W12 500 | Heat | 1 / 2 | 10:44 AM | |
| 057 | J16 Women - W6 500 | Heat | 5 / 5 | 10:50 AM | See Race 078 |
| 058 | Int Women - W6 500 | Heat | 1 / 6 | 10:56 AM | |
| 059 | J16 Men - W12 500 | Heat | 2 / 2 | 11:04 AM | See Race 100 |
| 060 | Int Women - W6 500 | Heat | 2 / 6 | 11:10 AM | |
| 061 | Int Women - W6 500 | Heat | 3 / 6 | 11:18 AM | |
| 062 | Taitama - W12 250 | Champ Semi | 2 / 2 | 11:26 AM | See Race 071 |
| 063 | Int Women - W6 500 | Heat | 4 / 6 | 11:39 AM | |
| 064 | Int Women - W6 500 | Heat | 5 / 6 | 11:47 AM | |
| 065 | Taitamaahine - W12 250 | Cup Final | | 11:55 AM | See Race 068 |
| 066 | Int Women - W6 500 | Heat | 6 / 6 | 12:08 PM | See Race 080 |
| 067 | Int Men - W6 500 | Heat | 1 / 5 | 12:16 PM | |
| 068 | Taitamaahine - W12 250 | Champ Final | | 12:24 PM | |
| 069 | Int Men - W6 500 | Heat | 2 / 5 | 12:37 PM | |
| 070 | Int Men - W6 500 | Heat | 3 / 5 | 12:45 PM | |
| 071 | Taitama - W12 250 | Plate Final | | 12:53 PM | See Race 074 |
| 072 | Int Men - W6 500 | Heat | 4 / 5 | 1:06 PM | |
| 073 | Int Men - W6 500 | Heat | 5 / 5 | 1:14 PM | See Race 082 |
| 074 | Taitama - W12 250 | Cup Final | | 1:22 PM | See Race 077 |
| 075 | J16 Men - W6 500 | Semi | 1 / 2 | 1:35 PM | |
| 076 | J16 Men - W6 500 | Semi | 2 / 2 | 1:41 PM | See Race 116 |
| 077 | Taitama - W12 250 | Champ Final | | 1:47 PM | |



SCHEDULE - DAY 2

2020 Te Wananga o Aotearoa National Sprint Championships
Mon, 13 Jan 2020



| Race | Event | Round | No | Est. Start | Progressions |
|------|--------------------|-------|-------|------------|--------------|
| 078 | J16 Women - W6 500 | Semi | 1 / 2 | 2:00 PM | |
| 079 | J16 Women - W6 500 | Semi | 2 / 2 | 2:06 PM | See Race 084 |
| 080 | Int Women - W6 500 | Semi | 1 / 2 | 2:12 PM | |
| 081 | Int Women - W6 500 | Semi | 2 / 2 | 2:20 PM | See Race 130 |
| 082 | Int Men - W6 500 | Semi | 1 / 2 | 2:28 PM | |
| 083 | Int Men - W6 500 | Semi | 2 / 2 | 2:36 PM | See Race 104 |
| 084 | J16 Women - W6 500 | Final | | 2:44 PM | |
| | Prizegiving | | | | |



SCHEDULE - DAY 3

2020 Te Wananga o Aotearoa National Sprint Championships
Tue, 14 Jan 2020



| Race | Event | Round | No | Est. Start | Progressions |
|------|---------------------------|-------|-------|------------|--------------|
| 085 | Int Men - W6 500 (Turn) | Heat | 1 / 8 | 8:00 AM | |
| 086 | Int Women - W12 500 | Semi | 1 / 2 | 8:08 AM | |
| 087 | Int Men - W6 500 (Turn) | Heat | 2 / 8 | 8:16 AM | |
| 088 | Int Men - W6 500 (Turn) | Heat | 3 / 8 | 8:24 AM | |
| 089 | Int Women - W12 500 | Semi | 2 / 2 | 8:32 AM | See Race 119 |
| 090 | Int Men - W6 500 (Turn) | Heat | 4 / 8 | 8:40 AM | |
| 091 | Int Men - W6 500 (Turn) | Heat | 5 / 8 | 8:48 AM | |
| 092 | J16 Women - W12 500 | Heat | 1 / 3 | 8:56 AM | |
| 093 | Int Men - W6 500 (Turn) | Heat | 6 / 8 | 9:02 AM | |
| 094 | Int Men - W6 500 (Turn) | Heat | 7 / 8 | 9:10 AM | |
| 095 | J16 Women - W12 500 | Heat | 2 / 3 | 9:18 AM | |
| 096 | Int Men - W6 500 (Turn) | Heat | 8 / 8 | 9:24 AM | See Race 123 |
| 097 | J16 Women - W12 500 | Heat | 3 / 3 | 9:32 AM | See Race 105 |
| 098 | Int Women - W6 500 (Turn) | Heat | 1 / 9 | 9:38 AM | |
| 099 | Int Women - W6 500 (Turn) | Heat | 2 / 9 | 9:46 AM | |
| 100 | J16 Men - W12 500 | Final | | 9:54 AM | |
| 101 | Int Women - W6 500 (Turn) | Heat | 3 / 9 | 10:00 AM | |
| 102 | Int Women - W6 500 (Turn) | Heat | 4 / 9 | 10:08 AM | |
| 103 | Int Women - W6 500 (Turn) | Heat | 5 / 9 | 10:16 AM | |
| 104 | Int Men - W6 500 | Final | | 10:24 AM | |
| 105 | J16 Women - W12 500 | Semi | 1 / 2 | 10:32 AM | |
| 106 | Int Women - W6 500 (Turn) | Heat | 6 / 9 | 10:38 AM | |
| 107 | Int Women - W6 500 (Turn) | Heat | 7 / 9 | 10:46 AM | |
| 108 | J16 Women - W12 500 | Semi | 2 / 2 | 10:54 AM | See Race 127 |
| 109 | Int Women - W6 500 (Turn) | Heat | 8 / 9 | 11:00 AM | |
| 110 | Int Women - W6 500 (Turn) | Heat | 9 / 9 | 11:08 AM | See Race 134 |
| 111 | J16 Women - W6 1000 | Heat | 1 / 8 | 11:16 AM | |
| 112 | Int Men - W12 500 | Semi | 1 / 2 | 11:25 AM | |
| 113 | J16 Women - W6 1000 | Heat | 2 / 8 | 11:33 AM | |
| 114 | J16 Women - W6 1000 | Heat | 3 / 8 | 11:42 AM | |
| 115 | Int Men - W12 500 | Semi | 2 / 2 | 11:51 AM | See Race 131 |
| 116 | J16 Men - W6 500 | Final | | 11:59 AM | |
| 117 | J16 Women - W6 1000 | Heat | 4 / 8 | 12:05 PM | |
| 118 | J16 Women - W6 1000 | Heat | 5 / 8 | 12:14 PM | |
| 119 | Int Women - W12 500 | Final | | 12:23 PM | |
| 120 | J16 Women - W6 1000 | Heat | 6 / 8 | 12:31 PM | |
| 121 | J16 Women - W6 1000 | Heat | 7 / 8 | 12:40 PM | |
| 122 | J16 Women - W6 1000 | Heat | 8 / 8 | 12:49 PM | See Race 136 |
| 123 | Int Men - W6 500 (Turn) | Semi | 1 / 2 | 12:58 PM | |
| 124 | Int Men - W6 500 (Turn) | Semi | 2 / 2 | 1:06 PM | See Race 141 |
| 125 | J16 Men - W6 1000 | Heat | 1 / 6 | 1:14 PM | |
| 126 | J16 Men - W6 1000 | Heat | 2 / 6 | 1:23 PM | |
| 127 | J16 Women - W12 500 | Final | | 1:32 PM | |



SCHEDULE - DAY 3

2020 Te Wananga o Aotearoa National Sprint Championships
Tue, 14 Jan 2020



| Race | Event | Round | No | Est. Start | Progressions |
|------|---------------------------|-------|-------|------------|--------------|
| 128 | J16 Men - W6 1000 | Heat | 3 / 6 | 1:38 PM | |
| 129 | J16 Men - W6 1000 | Heat | 4 / 6 | 1:47 PM | |
| 130 | Int Women - W6 500 | Final | | 1:56 PM | |
| 131 | Int Men - W12 500 | Final | | 2:04 PM | |
| 132 | J16 Men - W6 1000 | Heat | 5 / 6 | 2:12 PM | |
| 133 | J16 Men - W6 1000 | Heat | 6 / 6 | 2:21 PM | See Race 138 |
| 134 | Int Women - W6 500 (Turn) | Semi | 1 / 2 | 2:30 PM | |
| 135 | Int Women - W6 500 (Turn) | Semi | 2 / 2 | 2:38 PM | See Race 140 |
| 136 | J16 Women - W6 1000 | Semi | 1 / 2 | 2:46 PM | |
| 137 | J16 Women - W6 1000 | Semi | 2 / 2 | 2:55 PM | See Race 143 |
| 138 | J16 Men - W6 1000 | Semi | 1 / 2 | 3:04 PM | |
| 139 | J16 Men - W6 1000 | Semi | 2 / 2 | 3:13 PM | See Race 142 |
| 140 | Int Women - W6 500 (Turn) | Final | | 3:22 PM | |
| 141 | Int Men - W6 500 (Turn) | Final | | 3:30 PM | |
| 142 | J16 Men - W6 1000 | Final | | 3:38 PM | |
| 143 | J16 Women - W6 1000 | Final | | 3:47 PM | |
| | Prizegiving | | | | |



SCHEDULE - DAY 4

2020 Te Wananga o Aotearoa National Sprint Championships
Wed, 15 Jan 2020



| Race | Event | Round | No | Est. Start | Progressions |
|------|---------------------------|-------|-------|------------|--------------|
| 144 | Int Women - W1 500 | Heat | 1 / 3 | 8:00 AM | |
| 145 | Int Women - W1 500 | Heat | 2 / 3 | 8:05 AM | |
| 146 | Int Women - W1 500 | Heat | 3 / 3 | 8:10 AM | See Race 194 |
| 147 | Int Men - W1 500 | Heat | 1 / 3 | 8:15 AM | |
| 148 | Int Men - W1 500 | Heat | 2 / 3 | 8:20 AM | |
| 149 | Int Men - W1 500 | Heat | 3 / 3 | 8:25 AM | See Race 200 |
| 150 | J16 Women - W1 500 | Heat | 1 / 3 | 8:30 AM | |
| 151 | J16 Women - W1 500 | Heat | 2 / 3 | 8:35 AM | |
| 152 | J16 Women - W1 500 | Heat | 3 / 3 | 8:40 AM | See Race 202 |
| 153 | J16 Men - W1 500 | Heat | 1 / 3 | 8:45 AM | |
| 154 | J16 Men - W1 500 | Heat | 2 / 3 | 8:50 AM | |
| 155 | J16 Men - W1 500 | Heat | 3 / 3 | 8:55 AM | See Race 204 |
| 156 | J19 Women - W1 500 | Heat | 1 / 3 | 9:00 AM | |
| 157 | J19 Women - W1 500 | Heat | 2 / 3 | 9:05 AM | |
| 158 | J19 Women - W1 500 | Heat | 3 / 3 | 9:10 AM | See Race 206 |
| 159 | J19 Men - W1 500 | Heat | 1 / 3 | 9:15 AM | |
| 160 | J19 Men - W1 500 | Heat | 2 / 3 | 9:20 AM | |
| 161 | J19 Men - W1 500 | Heat | 3 / 3 | 9:25 AM | See Race 208 |
| 162 | U23 Women - W1 500 | Heat | 1 / 2 | 9:30 AM | |
| 163 | U23 Women - W1 500 | Heat | 2 / 2 | 9:35 AM | See Race 236 |
| 164 | U23 Men - W1 500 | Heat | 1 / 2 | 9:40 AM | |
| 165 | U23 Men - W1 500 | Heat | 2 / 2 | 9:45 AM | See Race 237 |
| 166 | Master 70 Women - W1 500 | Heat | 1 / 2 | 9:50 AM | |
| 167 | Master 70 Women - W1 500 | Heat | 2 / 2 | 9:55 AM | See Race 238 |
| 168 | Master 70 Men - W1 500 | Heat | 1 / 2 | 10:00 AM | |
| 169 | Master 70 Men - W1 500 | Heat | 2 / 2 | 10:05 AM | See Race 239 |
| 170 | Gld Master Women - W1 500 | Heat | 1 / 3 | 10:10 AM | |
| 171 | Gld Master Women - W1 500 | Heat | 2 / 3 | 10:15 AM | |
| 172 | Gld Master Women - W1 500 | Heat | 3 / 3 | 10:20 AM | See Race 212 |
| 173 | Gld Master Men - W1 500 | Heat | 1 / 3 | 10:25 AM | |
| 174 | Gld Master Men - W1 500 | Heat | 2 / 3 | 10:30 AM | |
| 175 | Gld Master Men - W1 500 | Heat | 3 / 3 | 10:35 AM | See Race 210 |
| 176 | Snr Master Women - W1 500 | Heat | 1 / 3 | 10:40 AM | |
| 177 | Snr Master Women - W1 500 | Heat | 2 / 3 | 10:45 AM | |
| 178 | Snr Master Women - W1 500 | Heat | 3 / 3 | 10:50 AM | See Race 214 |
| 179 | Snr Master Men - W1 500 | Heat | 1 / 3 | 10:55 AM | |
| 180 | Snr Master Men - W1 500 | Heat | 2 / 3 | 11:00 AM | |
| 181 | Snr Master Men - W1 500 | Heat | 3 / 3 | 11:05 AM | See Race 216 |
| 182 | Master Women - W1 500 | Heat | 1 / 3 | 11:10 AM | |
| 183 | Master Women - W1 500 | Heat | 2 / 3 | 11:15 AM | |
| 184 | Master Women - W1 500 | Heat | 3 / 3 | 11:20 AM | See Race 218 |
| 185 | Master Men - W1 500 | Heat | 1 / 3 | 11:25 AM | |
| 186 | Master Men - W1 500 | Heat | 2 / 3 | 11:30 AM | |



SCHEDULE - DAY 4

2020 Te Wananga o Aotearoa National Sprint Championships
Wed, 15 Jan 2020



| Race | Event | Round | No | Est. Start | Progressions |
|----------------|-------------------------------|-----------|-------|------------|--------------|
| 187 | Master Men - W1 500 | Heat | 3 / 3 | 11:35 AM | See Race 220 |
| 188 | Premier Women - W1 500 | Heat | 1 / 3 | 11:40 AM | |
| 189 | Premier Women - W1 500 | Heat | 2 / 3 | 11:45 AM | |
| 190 | Premier Women - W1 500 | Heat | 3 / 3 | 11:50 AM | See Race 222 |
| 191 | Premier Men - W1 500 | Heat | 1 / 3 | 11:55 AM | |
| 192 | Premier Men - W1 500 | Heat | 2 / 3 | 12:00 PM | |
| 193 | Premier Men - W1 500 | Heat | 3 / 3 | 12:05 PM | See Race 224 |
| 200m Startline | | | | | |
| 194 | Int Women - W1 500 | Semi | 1 / 2 | 12:10 PM | |
| 195 | Adaptive Men (VL2) - W1 200 | St. Final | | 12:15 PM | |
| 196 | Adaptive Women (VL3) - W1 200 | St. Final | | 12:22 PM | |
| 197 | Adaptive Men (VL3) - W1 200 | St. Final | | 12:29 PM | |
| 198 | Adaptive Men (VL4) - W1 200 | St. Final | | 12:36 PM | |
| 199 | Int Women - W1 500 | Semi | 2 / 2 | 12:43 PM | See Race 230 |
| 200 | Int Men - W1 500 | Semi | 1 / 2 | 12:48 PM | |
| 201 | Int Men - W1 500 | Semi | 2 / 2 | 12:53 PM | See Race 231 |
| 202 | J16 Women - W1 500 | Semi | 1 / 2 | 12:58 PM | |
| 203 | J16 Women - W1 500 | Semi | 2 / 2 | 1:03 PM | See Race 232 |
| 204 | J16 Men - W1 500 | Semi | 1 / 2 | 1:08 PM | |
| 205 | J16 Men - W1 500 | Semi | 2 / 2 | 1:13 PM | See Race 233 |
| 206 | J19 Women - W1 500 | Semi | 1 / 2 | 1:18 PM | |
| 207 | J19 Women - W1 500 | Semi | 2 / 2 | 1:23 PM | See Race 234 |
| 208 | J19 Men - W1 500 | Semi | 1 / 2 | 1:28 PM | |
| 209 | J19 Men - W1 500 | Semi | 2 / 2 | 1:33 PM | See Race 235 |
| 210 | Gld Master Men - W1 500 | Semi | 1 / 2 | 1:38 PM | |
| 211 | Gld Master Men - W1 500 | Semi | 2 / 2 | 1:43 PM | See Race 241 |
| 212 | Gld Master Women - W1 500 | Semi | 1 / 2 | 1:48 PM | |
| 213 | Gld Master Women - W1 500 | Semi | 2 / 2 | 1:53 PM | See Race 240 |
| 214 | Snr Master Women - W1 500 | Semi | 1 / 2 | 1:58 PM | |
| 215 | Snr Master Women - W1 500 | Semi | 2 / 2 | 2:03 PM | See Race 242 |
| 216 | Snr Master Men - W1 500 | Semi | 1 / 2 | 2:08 PM | |
| 217 | Snr Master Men - W1 500 | Semi | 2 / 2 | 2:13 PM | See Race 243 |
| 218 | Master Women - W1 500 | Semi | 1 / 2 | 2:18 PM | |
| 219 | Master Women - W1 500 | Semi | 2 / 2 | 2:23 PM | See Race 244 |
| 220 | Master Men - W1 500 | Semi | 1 / 2 | 2:28 PM | |
| 221 | Master Men - W1 500 | Semi | 2 / 2 | 2:33 PM | See Race 245 |
| 222 | Premier Women - W1 500 | Semi | 1 / 2 | 2:38 PM | |
| 223 | Premier Women - W1 500 | Semi | 2 / 2 | 2:43 PM | See Race 247 |
| 224 | Premier Men - W1 500 | Semi | 1 / 2 | 2:48 PM | |
| 225 | Premier Men - W1 500 | Semi | 2 / 2 | 2:53 PM | See Race 246 |
| 226 | Adaptive Men (VL2) - W1 500 | St. Final | | 2:58 PM | |
| 227 | Adaptive Women (VL3) - W1 500 | St. Final | | 3:05 PM | |
| 228 | Adaptive Men (VL3) - W1 500 | St. Final | | 3:12 PM | |



SCHEDULE - DAY 4

2020 Te Wananga o Aotearoa National Sprint Championships
Wed, 15 Jan 2020



| Race | Event | Round | No | Est. Start | Progressions |
|------|-----------------------------|-----------|----|------------|--------------|
| 229 | Adaptive Men (VL4) - W1 500 | St. Final | | 3:19 PM | |
| 230 | Int Women - W1 500 | Final | | 3:26 PM | |
| 231 | Int Men - W1 500 | Final | | 3:31 PM | |
| 232 | J16 Women - W1 500 | Final | | 3:36 PM | |
| 233 | J16 Men - W1 500 | Final | | 3:41 PM | |
| 234 | J19 Women - W1 500 | Final | | 3:46 PM | |
| 235 | J19 Men - W1 500 | Final | | 3:51 PM | |
| 236 | U23 Women - W1 500 | Final | | 3:56 PM | |
| 237 | U23 Men - W1 500 | Final | | 4:01 PM | |
| 238 | Master 70 Women - W1 500 | Final | | 4:06 PM | |
| 239 | Master 70 Men - W1 500 | Final | | 4:11 PM | |
| 240 | Gld Master Women - W1 500 | Final | | 4:16 PM | |
| 241 | Gld Master Men - W1 500 | Final | | 4:21 PM | |
| 242 | Snr Master Women - W1 500 | Final | | 4:26 PM | |
| 243 | Snr Master Men - W1 500 | Final | | 4:31 PM | |
| 244 | Master Women - W1 500 | Final | | 4:36 PM | |
| 245 | Master Men - W1 500 | Final | | 4:41 PM | |
| 246 | Premier Men - W1 500 | Final | | 4:46 PM | |
| 247 | Premier Women - W1 500 | Final | | 4:51 PM | |
| | Prizegiving | | | | |



SCHEDULE - DAY 5

2020 Te Wananga o Aotearoa National Sprint Championships
Thu, 16 Jan 2020



| Race | Event | Round | No | Est. Start | Progressions |
|-------|--|-----------|-------|------------|--------------|
| 248 | Premier Men - W12 500 | Heat | 1 / 2 | 8:00 AM | |
| 249 | Master Women - W6 500 | Heat | 1 / 3 | 8:06 AM | |
| 250 | Premier Men - W12 500 | Heat | 2 / 2 | 8:12 AM | See Race 337 |
| 251 | Master Women - W6 500 | Heat | 2 / 3 | 8:18 AM | |
| 252 | Master Women - W6 500 | Heat | 3 / 3 | 8:24 AM | See Race 310 |
| 253 | J19 Men - W12 500 | Heat | 1 / 2 | 8:30 AM | |
| 254 | Snr Master Women - W6 500 | Heat | 1 / 2 | 8:36 AM | |
| 255 | Snr Master Women - W6 500 | Heat | 2 / 2 | 8:42 AM | See Race 397 |
| 256 | J19 Men - W12 500 | Heat | 2 / 2 | 8:48 AM | See Race 352 |
| 257 | Premier Women - W6 500 | Heat | 1 / 4 | 8:54 AM | |
| 258 | Premier Women - W6 500 | Heat | 2 / 4 | 9:00 AM | |
| 259 | Snr Master Men - W12 500 | Heat | 1 / 2 | 9:06 AM | |
| 260 | Premier Women - W6 500 | Heat | 3 / 4 | 9:12 AM | |
| 261 | Premier Women - W6 500 | Heat | 4 / 4 | 9:18 AM | See Race 307 |
| 262 | Snr Master Men - W12 500 | Heat | 2 / 2 | 9:24 AM | See Race 313 |
| 263 | Gld Master Women - W6 500 | Heat | 1 / 2 | 9:30 AM | |
| 264 | Gld Master Women - W6 500 | Heat | 2 / 2 | 9:36 AM | See Race 395 |
| 265 | Snr Master Women - W12 500 | Heat | 1 / 2 | 9:42 AM | |
| 266 | J19 Women - W6 500 | Heat | 1 / 3 | 9:48 AM | |
| 267 | J19 Women - W6 500 | Heat | 2 / 3 | 9:54 AM | |
| 268 | Snr Master Women - W12 500 | Heat | 2 / 2 | 10:00 AM | See Race 322 |
| 269 | J19 Women - W6 500 | Heat | 3 / 3 | 10:06 AM | See Race 304 |
| 270 | Master (70) Women - W6 500 | Heat | 1 / 1 | 10:12 AM | See Race 392 |
| X 271 | SCRATCH - Premier Men - W6 500 | Heat | 1 / 4 | | |
| 272 | Premier Women - W12 500 | Heat | 1 / 3 | 10:18 AM | |
| 273 | Premier Men - W6 500 | Heat | 2 / 4 | 10:24 AM | |
| 274 | Premier Men - W6 500 | Heat | 3 / 4 | 10:30 AM | |
| 275 | Premier Women - W12 500 | Heat | 2 / 3 | 10:36 AM | |
| X 276 | SCRATCH - Premier Men - W6 500 | Heat | 4 / 4 | | See Race 402 |
| 277 | Gld Master Men - W6 500 | Heat | 1 / 1 | 10:42 AM | See Race 396 |
| 278 | Premier Women - W12 500 | Heat | 3 / 3 | 10:48 AM | See Race 297 |
| 279 | Master Men - W6 500 | Heat | 1 / 3 | 10:54 AM | |
| 280 | Corporate Race W12 250m | Heat | 1 / 2 | 11:00 AM | |
| 281 | Snr Master Men - W6 500 | Heat | 1 / 2 | 11:15 AM | |
| 282 | Corporate Race W12 250m | Heat | 2 / 2 | 11:21 AM | See Race 309 |
| 283 | Snr Master Men - W6 500 | Heat | 2 / 2 | 11:36 AM | See Race 398 |
| 284 | National Hauora Coalition Master Women - W12 500 | Heat | 1 / 2 | 11:42 AM | |
| 285 | J19 Men - W6 500 | Heat | 1 / 3 | 11:48 AM | |
| 286 | J19 Men - W6 500 | Heat | 2 / 3 | 11:54 AM | |
| 287 | National Hauora Coalition Master Women - W12 500 | Heat | 2 / 2 | 12:00 PM | See Race 347 |
| 288 | J19 Men - W6 500 | Heat | 3 / 3 | 12:06 PM | See Race 301 |
| 289 | Master Men - W6 500 | Heat | 2 / 3 | 12:12 PM | |
| 290 | Gld Master Women - W12 500 | St. Final | | 12:18 PM | |



SCHEDULE - DAY 5

2020 Te Wananga o Aotearoa National Sprint Championships
Thu, 16 Jan 2020



| Race | Event | Round | No | Est. Start | Progressions |
|-------|-----------------------------------|-------------|-------|------------|---------------|
| 291 | Master Men - W6 500 | Heat | 3 / 3 | 12:24 PM | See Race 308a |
| 291a | J19 Women - W12 500 | Heat | 1 / 3 | 12:30 PM | |
| 292 | Master (70) Men - W6 500 | Heat | 1 / 1 | 12:36 PM | See Race 393 |
| X 293 | SCRATCH - J19 Women - W12 500 | Heat | 2 / 3 | | |
| X 294 | SCRATCH - Master Men - W6 500 | Semi | 1 / 4 | | |
| 295 | J19 Women - W12 500 | Heat | 3 / 3 | 12:42 PM | See Race 334 |
| X 296 | SCRATCH - Master Men - W6 500 | Semi | 2 / 4 | | |
| 297 | Premier Women - W12 500 | Semi | 1 / 3 | 12:48 PM | |
| X 298 | SCRATCH - Premier Men - W6 500 | Semi | 1 / 2 | | |
| X 299 | SCRATCH - Premier Men - W6 500 | Semi | 2 / 2 | | See Race 402 |
| X 300 | SCRATCH - Premier Women - W12 500 | Semi | 2 / 3 | | |
| 301 | J19 Men - W6 500 | Semi | 1 / 2 | 12:54 PM | |
| 301a | Premier Women - W12 500 | Semi | 3 / 3 | 1:00 PM | See Race 344a |
| 302 | J19 Men - W6 500 | Semi | 2 / 2 | 1:06 PM | See Race 391 |
| 303 | Master (70) Women - W12 500 | St. Final | | 1:12 PM | |
| 304 | J19 Women - W6 500 | Semi | 1 / 2 | 1:18 PM | |
| 305 | J19 Women - W6 500 | Semi | 2 / 2 | 1:24 PM | See Race 390 |
| 306 | Gld Master Men - W12 500 | St. Final | | 1:30 PM | |
| 307 | Premier Women - W6 500 | Semi | 1 / 2 | 1:36 PM | |
| 308 | Premier Women - W6 500 | Semi | 2 / 2 | 1:42 PM | See Race 401 |
| 308a | Master Men - W6 500 | Semi | 3 / 4 | 1:48 PM | |
| 309 | Corporate Race W12 250m | Cup Final | | 1:54 PM | See Race 311 |
| 309a | Master Men - W6 500 | Semi | 4 / 4 | 2:09 PM | See Race 400 |
| 310 | Master Women - W6 500 | Semi | 1 / 2 | 2:15 PM | |
| 311 | Corporate Race W12 250m | Champ Final | | 2:21 PM | |
| 312 | Master Women - W6 500 | Semi | 2 / 2 | 2:36 PM | See Race 399 |
| 313 | Snr Master Men - W12 500 | Final | | 2:42 PM | |
| | Prizegiving | | | | |



SCHEDULE - DAY 6

2020 Te Wananga o Aotearoa National Sprint Championships
Fri, 17 Jan 2020



| Race | Event | Round | No | Est. Start | Progressions |
|-------|--|-------|-------|------------|--------------|
| 314 | J19 Men - W6 1000 | Heat | 1 / 4 | 8:00 AM | |
| 315 | J19 Men - W6 1000 | Heat | 2 / 4 | 8:07 AM | |
| 316 | National Hauora Coalition Master Men - W12 500 | Heat | 1 / 2 | 8:14 AM | |
| 317 | J19 Men - W6 1000 | Heat | 3 / 4 | 8:20 AM | |
| 318 | J19 Men - W6 1000 | Heat | 4 / 4 | 8:27 AM | See Race 363 |
| 319 | National Hauora Coalition Master Men - W12 500 | Heat | 2 / 2 | 8:34 AM | See Race 356 |
| 320 | J19 Women - W6 1000 | Heat | 1 / 4 | 8:40 AM | |
| 321 | J19 Women - W6 1000 | Heat | 2 / 4 | 8:47 AM | |
| 322 | Snr Master Women - W12 500 | Final | | 8:54 AM | |
| 323 | J19 Women - W6 1000 | Heat | 3 / 4 | 9:00 AM | |
| 324 | J19 Women - W6 1000 | Heat | 4 / 4 | 9:07 AM | See Race 365 |
| 325 | Master Women - W6 1000 | Heat | 1 / 5 | 9:14 AM | |
| 326 | Master Women - W6 1000 | Heat | 2 / 5 | 9:21 AM | |
| 327 | Master Women - W6 1000 | Heat | 3 / 5 | 9:28 AM | |
| 328 | Master Women - W6 1000 | Heat | 4 / 5 | 9:35 AM | |
| 329 | Master Women - W6 1000 | Heat | 5 / 5 | 9:42 AM | See Race 359 |
| 330 | Master Men - W6 1000 | Heat | 1 / 4 | 9:49 AM | |
| 331 | Master Men - W6 1000 | Heat | 2 / 4 | 9:56 AM | |
| 332 | Master Men - W6 1000 | Heat | 3 / 4 | 10:03 AM | |
| 333 | Master Men - W6 1000 | Heat | 4 / 4 | 10:10 AM | See Race 361 |
| 334 | J19 Women - W12 500 | Final | | 10:17 AM | |
| 335 | Snr Master Men - W6 1000 | Heat | 1 / 3 | 10:23 AM | |
| 336 | Snr Master Men - W6 1000 | Heat | 2 / 3 | 10:30 AM | |
| 337 | Premier Men - W12 500 | Final | | 10:37 AM | |
| 338 | Snr Master Men - W6 1000 | Heat | 3 / 3 | 10:43 AM | See Race 367 |
| 339 | Snr Master Women - W6 1000 | Heat | 1 / 3 | 10:50 AM | |
| X 340 | SCRATCH - Premier Women - W12 500 | Final | | | |
| 341 | Snr Master Women - W6 1000 | Heat | 2 / 3 | 10:56 AM | |
| 342 | Snr Master Women - W6 1000 | Heat | 3 / 3 | 11:03 AM | See Race 370 |
| 343 | Gld Master Men - W6 1000 | Heat | 1 / 2 | 11:10 AM | |
| 344 | Gld Master Men - W6 1000 | Heat | 2 / 2 | 11:17 AM | See Race 386 |
| 344a | Premier Women - W12 500 | Final | | 11:24 AM | |
| 345 | Premier Men - W6 1500 | Heat | 1 / 4 | 11:30 AM | |
| 346 | Premier Men - W6 1500 | Heat | 2 / 4 | 11:40 AM | |
| 347 | National Hauora Coalition Master Women - W12 500 | Final | | 11:50 AM | |
| 348 | Premier Men - W6 1500 | Heat | 3 / 4 | 11:56 AM | |
| 349 | Premier Men - W6 1500 | Heat | 4 / 4 | 12:06 PM | See Race 372 |
| 350 | Gld Master Women - W6 1000 | Heat | 1 / 2 | 12:16 PM | |
| 351 | Gld Master Women - W6 1000 | Heat | 2 / 2 | 12:23 PM | See Race 387 |
| 352 | J19 Men - W12 500 | Final | | 12:30 PM | |
| 353 | Premier Women - W6 1500 | Heat | 1 / 5 | 12:36 PM | |
| 354 | Premier Women - W6 1500 | Heat | 2 / 5 | 12:46 PM | |
| 355 | Premier Women - W6 1500 | Heat | 3 / 5 | 12:56 PM | |



SCHEDULE - DAY 6

2020 Te Wananga o Aotearoa National Sprint Championships
Fri, 17 Jan 2020



| Race | Event | Round | No | Est. Start | Progressions |
|-------|--|-----------|-------|------------|--------------|
| 356 | National Hauora Coalition Master Men - W12 500 | Final | | 1:06 PM | |
| 357 | Premier Women - W6 1500 | Heat | 4 / 5 | 1:12 PM | |
| 358 | Premier Women - W6 1500 | Heat | 5 / 5 | 1:22 PM | See Race 374 |
| 359 | Master Women - W6 1000 | Semi | 1 / 2 | 1:32 PM | |
| 360 | Master Women - W6 1000 | Semi | 2 / 2 | 1:39 PM | See Race 383 |
| 361 | Master Men - W6 1000 | Semi | 1 / 2 | 1:46 PM | |
| 362 | Master Men - W6 1000 | Semi | 2 / 2 | 1:53 PM | See Race 382 |
| 363 | J19 Men - W6 1000 | Semi | 1 / 2 | 2:00 PM | |
| 364 | J19 Men - W6 1000 | Semi | 2 / 2 | 2:07 PM | See Race 378 |
| 365 | J19 Women - W6 1000 | Semi | 1 / 2 | 2:14 PM | |
| 366 | J19 Women - W6 1000 | Semi | 2 / 2 | 2:21 PM | See Race 377 |
| 367 | Snr Master Men - W6 1000 | Semi | 1 / 2 | 2:28 PM | |
| 367a | Premier Women Regional - W12 500 | St. Final | | 2:35 PM | |
| 368 | Snr Master Men - W6 1000 | Semi | 2 / 2 | 2:45 PM | See Race 384 |
| X 369 | SCRATCH - Premier Women Regional - W12 500 | St. Final | | | |
| 370 | Snr Master Women - W6 1000 | Semi | 1 / 2 | 2:55 PM | |
| 371 | Snr Master Women - W6 1000 | Semi | 2 / 2 | 3:02 PM | See Race 385 |
| 372 | Premier Men - W6 1500 | Semi | 1 / 2 | 3:09 PM | |
| 373 | Premier Men - W6 1500 | Semi | 2 / 2 | 3:19 PM | See Race 389 |
| 374 | Premier Women - W6 1500 | Semi | 1 / 2 | 3:29 PM | |
| 375 | Premier Women - W6 1500 | Semi | 2 / 2 | 3:39 PM | See Race 388 |
| 376 | Premier Men Regional - W12 500 | St. Final | | 3:49 PM | |
| | Prizegiving | | | | |



SCHEDULE - DAY 7

2020 Te Wananga o Aotearoa National Sprint Championships
Sat, 18 Jan 2020



| Race | Event | Round | No | Est. Start | Progressions |
|------|-----------------------------------|-----------|----|------------|--------------|
| 377 | J19 Women - W6 1000 | Final | | 9:00 AM | |
| 378 | J19 Men - W6 1000 | Final | | 9:07 AM | |
| 379 | Master (70) Men W6 500 (Turn) | St. Final | | 9:14 AM | |
| 380 | Master (70) Women - W6 500 (Turn) | St. Final | | 9:23 AM | |
| 381 | Adaptive Mixed - W6 500 | St. Final | | 9:32 AM | |
| 382 | Master Men - W6 1000 | Final | | 9:39 AM | |
| 383 | Master Women - W6 1000 | Final | | 9:46 AM | |
| 384 | Snr Master Men - W6 1000 | Final | | 9:53 AM | |
| 385 | Snr Master Women - W6 1000 | Final | | 10:00 AM | |
| 386 | Gld Master Men - W6 1000 | Final | | 10:07 AM | |
| 387 | Gld Master Women - W6 1000 | Final | | 10:14 AM | |
| 388 | Premier Women - W6 1500 | Final | | 10:21 AM | |
| 389 | Premier Men - W6 1500 | Final | | 10:31 AM | |
| 390 | J19 Women - W6 500 | Final | | 10:41 AM | |
| 391 | J19 Men - W6 500 | Final | | 10:47 AM | |
| 392 | Master (70) Women - W6 500 | Final | | 10:53 AM | |
| 393 | Master (70) Men - W6 500 | Final | | 10:59 AM | |
| 394 | Adaptive Mixed - W6 500 (Turn) | St. Final | | 11:05 AM | |
| 395 | Gld Master Women - W6 500 | Final | | 11:12 AM | |
| 396 | Gld Master Men - W6 500 | Final | | 11:18 AM | |
| 397 | Snr Master Women - W6 500 | Final | | 11:24 AM | |
| 398 | Snr Master Men - W6 500 | Final | | 11:30 AM | |
| 399 | Master Women - W6 500 | Final | | 11:36 AM | |
| 400 | Master Men - W6 500 | Final | | 11:42 AM | |
| 401 | Premier Women - W6 500 | Final | | 11:48 AM | |
| 402 | Premier Men - W6 500 | Final | | 11:54 AM | |
| 403 | J19 Women Dash - W1 250 | St. Final | | 12:00 PM | |
| 404 | J19 Men Dash - W1 250 | St. Final | | 12:10 PM | |
| 405 | Premier Women Dash - W1 250 | St. Final | | 12:20 PM | |
| 406 | Premier Men Dash - W1 250 | St. Final | | 12:30 PM | |
| | Prizegiving | | | | |